



Tom Pierick, M.A.

Clinical Psychology Extern / Florissa

Master of Arts in Clinical Psychology, Wheaton College

Bachelor of Arts in Psychology, University of Dallas

Tom Pierick, M.A., is a clinical psychology extern at Florissa working under the supervision of our clinical psychologists to provide assessment and therapy services. Tom graduated from the University of Dallas with a bachelor's degree in psychology. He is currently in his fifth year in the clinical psychology Psy.D. program at Wheaton College. Tom's past research interests have examined father support and the impact of shared reading on the parent-child relationship. His current research explores the effects of an outdoor education program on social, emotional, and spiritual functioning.

Throughout his graduate training, Tom has worked in schools, private practices, and nonprofit community health centers in Illinois. At Heritage Professional Associates, Tom conducted psychological assessments for children and adults with developmental disorders and emotional, social, and behavioral difficulties. At Hesed Psychological Services, he also provided neuropsychological assessments for children and adults with a variety of presenting concerns (e.g., anxiety, attention deficit hyperactivity disorder, autism spectrum disorder, behavioral concerns, depression, learning difficulties, learning difficulties, trauma). At Central DuPage Pastoral Counseling Center, Tom provided psychotherapy for children, adolescents, and emerging adults. He also has experience working in a school setting, providing direct interventions to elementary and middle school students for behavioral and mood-related difficulties. Tom has experience treating various concerns, including ADHD, mood and anxiety disorders, oppositional defiant disorder, personality disorders, and post-traumatic stress disorder. Over the course of his life, he has volunteered in various mentoring roles, including camp counselor, teacher, tutor, and youth leader.

Tom utilizes evidence-based treatments to inform his work with clients, both for psychological assessments and therapy. His approach is grounded in Cognitive Behavioral Therapy (CBT) and Acceptance and Commitment Therapy (ACT). Tom seeks to create a welcoming therapeutic space where children, adolescents, and their families can safely share and explore their thoughts and emotions. Tom also enjoys working with parents to develop specific childrearing strategies that are congruent with their cultural and religious traditions. Through empathy, collaboration, and a smidge of humor, he works to promote greater self-understanding, motivation, and empowerment in his clients.



Florissa

Where children & families flourish

Florissa is a comprehensive center for children with behavioral, developmental, social and emotional needs. Partner organizations include Kreider Services, KSB Hospital, Sinnissippi Centers, Lee County Health Department, Lee County Special Education Association, Ogle County Educational Cooperative and several parents.



Florissa

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(815) 288-1905

Monday -Thursday: 8:30am - 4:30pm

Friday: 8:30am -12:30pm

Or by appointment

