



# Beth Cunningham, Psy.D.

## Clinical Psychologist / Florissa

*Psy.D., Wheaton College*

*Master of Arts in Clinical Psychology, Wheaton College*

*Bachelor of Science in Psychology, The Ohio State University*

**Dr. Beth Cunningham** earned her Doctorate and Master's degrees from Wheaton College and concentrated her graduate studies on child and adolescent development and psychopathology. She completed her doctoral internship at Outreach Community Counseling Center in Carol Stream, IL where she received extensive training in psychological and neuropsychological assessment. She also has specialized training in providing therapy to survivors of traumatic experiences. Dr. Beth has worked in a variety of settings, including community mental health clinics, private practice, and partial hospitalization programs. She also worked as a liaison between a counseling center and after-school program to coordinate therapy services for students who do not typically have access to mental health services. In her role at Florissa, she is part of the CLEAR Team, which is a collaboration between Florissa and Washington State University, providing professional development and consultation to staff at area schools to develop and sustain trauma-informed school systems.

Dr. Beth's assessment and treatment approach is based on developmental understandings of the individual. She collaborates with children, families, schools, and other providers to increase understanding of the factors contributing to current difficulties to develop individualized, comprehensive recommendations and treatment plans to promote growth and healthy development. Dr. Beth loves to discover and utilize the strengths that children and families already possess to help move towards growth and healthy development.

Dr. Beth has experience in the assessment and treatment of a variety of disorders in childhood and adolescence including depression, anxiety, trauma, learning disabilities, attention-deficit/ hyperactivity disorder, and autism spectrum disorder. She is specifically interested in utilizing psychological assessment to determine underlying problems for children and adolescents who struggle in school. Dr. Beth incorporates parents and caregivers throughout the process of therapy and through parent training and family sessions, to enhance treatment outcomes.



# Florissa

*Where children & families flourish*

*Florissa is a comprehensive center for children with behavioral, developmental, social and emotional needs. Partner organizations include Kreider Services, KSB Hospital, Sinnissippi Centers, Lee County Health Department, Lee County Special Education Association, Ogle County Educational Cooperative and several parents.*



### Florissa

144 North Court

Dixon, IL 61021

**(815) 288-1905**

Monday -Thursday: 8:30am - 4:30pm

Friday: 8:30am -12:30pm

Or by appointment

