



Florissa Presents:

# Safety, Self-Care & Independence for Individuals with ASD

Learn specific skills to teach students from the author of "Taking Care of Myself", Mary J. Wrobel

April 8, 2022 | 8:30am to 3:30pm

Registration is at 8:00 am and the program is located at the Dixon Elks Lodge, 1279 Franklin Grove Road, Dixon, Illinois.

## Autism: Addressing Hygiene, Puberty, Personal Safety, and Sexuality Issues

This day-long workshop will address strategies for: teaching and promoting self-care and independence, teaching puberty, emphasizing modesty and privacy, increasing personal safety, reducing fear and confusion and teaching sexuality related issues to children and adults with ASD and related disabilities. The workshop will begin addressing the needs of children from the age of 3 (teaching hygiene and self-care) to elementary students (modesty, privacy, pre-puberty instruction and hygiene changes) to teenagers and young adults (puberty, personal safety and sexuality).

\$50<sup>00</sup>

Teachers & Professionals  
Lunch and CE Credits Included



April 8th training includes 5.75 hours of CE Credits. Complete information provided below.

\$20<sup>00</sup>

Consumers & Family Members  
Lunch and CE Credits Included

### LEARNING OBJECTIVES:

- Learn specific skills to teach students with ASD regarding hygiene, modesty, puberty, personal safety and sexuality.
- Learn strategies and techniques to effectively teach the workshop topics to individual students.
- See examples of how to present and teach the various workshop topics to students.
- Learn how to use visual supports and step-by-step instructions to teach skills to students.
- Discuss and problem-solve specific situations and students regarding hygiene, modesty, puberty, personal safety and sexuality.

Current Covid safety guidelines will be followed for this in person event.

The target audience for this presentation is parents, social workers, speech-language pathologists, and paraprofessionals, such as instructional assistants, and caregivers.



### Continuing Education Credits:

The registration fee for the April 8th training includes 5.75 hours of CE Credits for ISBE and DHS: Educators, LCPC, LCP, LCSW, PT, PTA, OT, OTA, LPC, and LSW.

Free\*

April 7, 2022 | 6pm to 8pm | "Teaching Safety Skills to Children with ASD"

Dixon Elks Lodge, 1279 Franklin Grove Road, Dixon, Illinois

This workshop will help parents determine the safety needs of their children and learn how to teach targeted safety skills using Social Stories, visual supports, rules and guidelines, as well as how to allow children to practice safely, as needed. The target audience for this presentation is parents of children with ASD and related disabilities. Teachers, social workers and other professionals can also benefit from this workshop.

\*2.0 hours of Continuing Education credits for attending the April 7th evening session.

Current Covid safety guidelines will be followed for this in person event.

Secure registration can be completed by visiting:  
[www.GetMeRegistered.com](http://www.GetMeRegistered.com)



[www.GetMeRegistered.com](http://www.GetMeRegistered.com)  
SECURE ONLINE REGISTRATION



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