

High School Art Therapy Groups

WHO & WHAT

This Art Therapy Group provides an opportunity for teens in 9th-12th grade to develop self-awareness and expression by using art materials as a communication tool. Teens will be asked to use art materials to express and process their thoughts, feelings, and behaviors in a safe environment with supportive peers. The Art Therapy Group is led by Victoria Manheim, LCPC and Art Therapist. Teens will create art for the first hour and process their artwork the last half hour, by discussing their experience creating the art and what the artwork represents to them.

WHEN & WHERE

Groups will be 5pm-6:30pm at Florissa 144 North Court

Art Therapy Group Schedule:

October 29th: Worry Group
November 19th: Sadness Group
December 17th: Self-Image/Esteem Group
January 28th: Grief Group
February 25th: Trauma Group

COST

In order to provide you with an estimate of the art therapy session, all registration and insurance information forms must be submitted no later than a week prior to each group.

REGISTRATION

Due to COVID-19 and precautions in place, there is limited space (up to four participants) for the Art Therapy Group; please call Janet O'Donnell at (815)288-1905, ext. 106 to register. Deadline to register is no later than a week prior to each group.



Florissa • 144 North Court Street Dixon, IL 61021 • (815) 288-1905

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