



Coaching Your Child With

ADHD

[www.florissacenter.org](http://www.florissacenter.org)



**Florissa**  
*Where children & families flourish.*

## Coaching your child with ADHD

*A lunchtime parenting group for managing ADHD symptoms and building your child's skills for success*

### WHO & WHAT

Parenting a child with a diagnosis of Attention-Deficit/Hyperactivity Disorder (ADHD) can be difficult. You want the best for your child, but may feel unsure about what to do, or you may feel overwhelmed or frustrated by your child's ongoing struggles. In this group with other parents who are experiencing similar things, you will learn about your child's specific strengths and weaknesses in executive skills – or the skills they need to engage in the many simple and complex things required of them at home and at school. You will learn strategies for managing your child's symptoms of ADHD and how to provide support so your child can develop the skills needed to be successful in everyday life. Series will be led by Child Therapist Elizabeth Rhyne, LSW.



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### WHEN & WHERE

**Mondays 12:00 PM—1:00 PM On-going enrollment**  
Florissa 144 North Court Street, Dixon

### COST

Fees for this 6 session series on ADHD will be based upon your insurance. We will provide you with an estimate prior to the beginning of the group.

### REGISTRATION

To register for this series call Janet O'Donnell of Florissa: (815) 288-1905 | [odonnellj@kreiderservices.org](mailto:odonnellj@kreiderservices.org)



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