



## Lauren Hauck, Ph.D.

**Clinical Psychology Postdoctoral Fellow / Florissa**

*Ph.D., Northern Illinois University*

*Bachelor of Science in Psychology, University of Illinois at Urbana-Champaign*

**Lauren Hauck, Ph.D.**, is a clinical psychology postdoctoral fellow at Florissa working under the supervision of our clinical psychologists to provide assessment and therapy services. Lauren graduated with her Ph.D. in clinical psychology from Northern Illinois University with an emphasis on developmental psychopathology. She completed her pre-doctoral internship at Pine Rest Christian Mental Health Services. As a part of her training at Pine Rest, she conducted outpatient autism spectrum disorder assessments, building upon her previous training in psychological evaluations at Florissa in 2021-2022. Additionally, Lauren has experience with neuropsychological assessments in an older adult population. She is passionate about completing thorough, individualized outpatient assessments which consider a variety of psychological domains from mood to behavior to cognitive functioning to achievement. She believes that precise diagnostic consideration is key to effective therapeutic intervention.

Lauren has worked with children and adolescents in a therapeutic setting since 2019. Her approach to treatment emphasizes three key components: behaviors, cognitions (i.e., thoughts and beliefs), and systems (e.g., families, schools, communities). Lauren seeks to connect with children and families in a warm and personal manner. She relies on evidence-based interventions such as Parent Management Training, Exposure and Response Prevention, Cognitive Behavioral Therapy, and Acceptance and Commitment Therapy. She also has specialized training in the treatment of selective mutism utilizing Parent-Child Interaction Therapy. She views therapeutic intervention with children as inseparable from the families and schools children grow in. Thus, she regularly incorporates parenting interventions, such as SPACE (Supportive Parenting for Anxious Childhood Emotions), and meets with children's educators to involve them in the treatment process. Her dissertation investigated the development of children who are homeschooled, and she values parents' educational decisions for their children.

Having grown up in rural Illinois, Lauren is dedicated to serving children and their families in similar communities. She is thrilled to be returning to Florissa for her postdoctoral year!



# Florissa

*Where children & families flourish*

*Florissa is a comprehensive center for children with behavioral, developmental, social and emotional needs. Partner organizations include Kreider Services, KSB Hospital, Sinnissippi Centers, Lee County Health Department, Lee County Special Education Association, Ogle County Educational Cooperative and several parents.*

### **Florissa**

144 North Court

Dixon, IL 61021

**(815) 288-1905**

Monday -Thursday: 8:30am - 4:30pm

Friday: 8:30am -12:30pm

Or by appointment