

# Friendships: High School Years

## **WHO & WHAT**

High school age teenagers will connect with their peers to learn and practice the social skills they need to make and keep friends. They will grow in their understanding of social cues and rules across adolescence. The group will provide a safe place to talk about individual goals and struggles, and to recognize individual strengths that can be used in social situations. This group is appropriate for 9th through 12th graders who struggle with self-awareness and appropriate behavior with peers, have trouble understanding social interactions or want to better understand the social world around them, including healthy use of social media and technology.

### WHEN & WHERE

Wednesdays October 26th - December 14 5pm-6pm No group on November 23rd In person at Florissa



(www.facebook.com/FlorissaDixon)

#### **COST**

The group is free of charge, but space is limited so sign up soon!

#### **HOW TO SIGN UP**

Call Janet at Florissa 815-288-1905, ext 106





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