



Sabrina Ung, M.A.

Clinical Psychology Extern

Master of Arts in Clinical Psychology, Northern Illinois University

Bachelor of Arts in Psychology and Social Behavior, University of California, Irvine

Bachelor of Arts in Education Sciences, University of California, Irvine

Sabrina Ung, M.A., is a clinical psychology extern at Florissa working under the supervision of our clinical psychologists to provide assessment and therapy services. Sabrina graduated from the University of California, Irvine, with a bachelor's degree in psychology and social behavior, and a bachelor's degree in education sciences. She is currently in her fifth year in the clinical psychology Ph.D. program at Northern Illinois University with an emphasis in developmental psychopathology, which includes knowledge of how emotional and behavioral problems develop in children and across the lifespan. Sabrina's research explores parents' influences on infants' emotion regulation development.

Throughout her graduate training, Sabrina has worked in a university clinic with individuals and families, providing psychological assessments and therapy for a variety of presenting concerns (e.g., anxiety disorders, panic disorder, depression, trauma, learning difficulties, and attention-deficit hyperactivity disorder). Sabrina also has conducted assessments and provided therapy for children, families, and adults with emotional, social, and behavioral difficulties, and developmental disorders at a private practice Konick & Associates. She has also conducted exposure therapy in clinic and community settings through Advanced Therapeutic Solutions for Anxiety's Adventure Camps and Winter Adventure Camps, which are intensive outpatient therapy programs for children with selective mutism. Sabrina has co-facilitated various group therapies, including social skills groups, and anxiety and depression groups.

Sabrina utilizes evidence-based treatments to inform her work with clients, both for psychological assessments and therapy. Her approach is grounded in Cognitive Behavioral Therapy in the context of family systems. Sabrina values collaboration with the client, their family, and other important individuals in their life (e.g., teachers, other providers). She is excited to develop professionally and to serve the community at Florissa Pediatric Development Center!



Florissa

Where children & families flourish

Florissa is a comprehensive center for children with behavioral, developmental, social and emotional needs. Partner organizations include Kreider Services, KSB Hospital, Sinnissippi Centers, Lee County Health Department, Lee County Special Education Association, Ogle County Educational Cooperative and several parents.



Florissa

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(815) 288-1905

Monday -Thursday: 8:30am - 4:30pm

Friday: 8:30am -12:30pm

Or by appointment

