



## Chuck Cruise, M.A.

### Clinical Psychology Extern

*Master of Arts in Psychology, Stony Brook University*

*Bachelor of Arts in Psychology, McDaniel College*

**Chuck Cruise, M.A.**, is a clinical psychology extern at Florissa working under the supervision of our clinical psychologists to provide assessment and therapy services. Chuck graduated from McDaniel College in Maryland with a bachelor's degree in psychology and subsequently did graduate work in clinical psychology at the University of Cincinnati and Stony Brook University. After many years in the non-profit sector, he resumed his psychological training and is currently in his fourth year in the clinical psychology Ph.D. program at Wheaton College. Chuck is specializing in pediatric neuropsychology and performing research on improving the validity of an instrument used in the assessment of attention-deficit/hyperactivity disorder (ADHD).

Throughout his graduate training, Chuck has worked in hospitals and psychological clinics in New York, Ohio, and Illinois. For the two years prior to coming to Florissa, he served at two private practices in suburban Chicago. At Northwest Behavioral Health Services, he assessed children and adolescents presenting with difficulties related to attention, learning, and social skills. At Heritage Professional Associates, he performed psychotherapy targeted at enhancing executive function, decreasing depression and anxiety, and improving social skills. Chuck has experience treating various concerns, including ADHD, mood and anxiety disorders, personality disorders, and post-traumatic stress disorder. He has worked with individuals, couples, families, and groups. Over the course of his life, he has volunteered in various mentoring roles, including Big Brother, camp counselor, and youth leader.

Chuck's approach to psychological assessment and intervention is grounded in cognitive-behavioral therapy (CBT). By analyzing our patterns of thoughts and behavior, he believes, we can come to realize why we do what we do; that is, how thoughts and behaviors "work" for us. He balances this approach with a commitment to individual autonomy. As a result, he enjoys helping parents develop collaborative childrearing strategies that leverage, when possible, intrinsic (natural) rewards and preserve trust, motivation, and creativity. Chuck is passionate about his work and excited to grow professionally at Florissa Pediatric Development Center.



## Florissa

*Where children & families flourish*

*Florissa is a comprehensive center for children with behavioral, developmental, social and emotional needs. Partner organizations include Kreider Services, KSB Hospital, Sinnissippi Centers, Lee County Health Department, Lee County Special Education Association, Ogle County Educational Cooperative and several parents.*



### **Florissa**

144 North Court

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**(815) 288-1905**

Monday -Thursday: 8:30am - 4:30pm

Friday: 8:30am -12:30pm

Or by appointment

