



Sebastian Szöllős, M.A.

Clinical Psychology Extern

Bachelor of Arts / Psychology, Catholic University of America

Sebastian Szöllős, M.A., is a clinical psychology extern at Florissa working under the supervision of our clinical psychologists to provide assessment and therapy services. Sebastian earned his bachelor's degree in psychology from The Catholic University of America in Washington, D.C. He is currently a fourth year graduate student pursuing his Ph.D. in clinical psychology at Northern Illinois University with a focus on working with children and adolescents.

Sebastian grew up in Columbia, Maryland, where he studied anxiety in children at the Comprehensive Assessment and Intervention Program of Dr. Andres De Los Reyes at the University of Maryland. His experiences working with children, adolescents, and families at the Psychological Services Center at Northern Illinois University have given him a variety of experiences in exposure therapy, psycho-diagnostic assessments, and manualized treatments for a range of diagnoses, including Social Anxiety Disorder, Generalized Anxiety Disorder, Obsessive-Compulsive Disorder, and Major Depressive Disorder, Learning Disorders and Attention-Deficit/Hyperactivity Disorder. Sebastian also had the privilege of working for a specialized summer camp program designed to use evidence-based exposure therapy with children and adolescents with selective mutism and social anxiety disorder as well as working for two years as an intern at the Human Development Center in Belair, Maryland, in a skills training program for children and adults with high functioning Autism Spectrum Disorder.

Sebastian uses evidence-based practices in both his assessment and therapeutic approaches that are grounded in Cognitive Behavioral Therapy. He utilizes a collaborative approach with clients and their families to ensure that their unique perspectives are integrated into treatment. He seeks to intervene during the formative childhood years to prevent the development of lifelong disorders. Sebastian is excited to learn and grow professionally through this wonderful opportunity at Florissa Pediatric Development Center!



Florissa

Where children & families flourish

Florissa is a comprehensive center for children with behavioral, developmental, social and emotional needs. Partner organizations include Kreider Services, KSB Hospital, Sinnissippi Centers, Lee County Health Department, Lee County Special Education Association, Ogle County Educational Cooperative and several parents.



Florissa

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Monday -Thursday: 8:30am - 4:30pm

Friday: 8:30am -12:30pm

Or by appointment

