



# Lauren Hauck, M.A.

## Clinical Psychology Extern

*Master of Arts in Clinical Psychology, Northern Illinois University*

*Bachelor of Science in Psychology, University of Illinois at Urbana-Champaign*

Lauren Hauck, M.A., is a clinical psychology extern at Florissa working under the supervision of our clinical psychologists to provide assessment and therapy services. Lauren graduated from the University of Illinois at Urbana-Champaign with a bachelor's degree in psychology and a minor in applied statistics. She is currently in her fourth year in the clinical psychology Ph.D. program at Northern Illinois University with an emphasis child and adolescent developmental psychopathology. Lauren's research explores the interaction between parents' and peers' influences on adolescents' social and emotional development.

Throughout her graduate training, Lauren has worked in a university clinic for the past two years with families and individuals, providing psychological assessments and conducting therapeutic interventions for a variety of presenting problems, including learning difficulties, attention-deficit hyperactivity disorder (ADHD), anxiety, depression, and marital conflict. Over the past year, Lauren also worked as an intake therapist at Advanced Therapeutic Solutions for Anxiety conducting psychodiagnostic assessments, providing parent-child interactive therapy, and facilitating outpatient exposure therapy in individual, peer, group, and intensive treatment settings for children with a diagnosis of selective mutism. Lauren has co-facilitated groups at Susan Myket, Ph.D. & Associates, including social skills for middle schoolers with a diagnosis of Autism as well as anxiety and depression groups for high schoolers. She has served as a volunteer for Parents-Helping-Parents, a national parent stress hotline.

Lauren's approach to psychological assessment and therapeutic intervention is rooted in cognitive-behavioral theory in the context of family systems, and she often incorporates concepts from Acceptance and Commitment Therapy (ACT). Lauren acknowledges that every client has a unique upbringing and background, and she is dedicated to understanding the current circumstances of her clients and helping them to live life in accordance with their values. Having grown up in rural Illinois, Lauren is dedicated to serving children and their families in similar communities. She is passionate about the opportunity to develop professionally and to serve the community at Florissa Pediatric Development Center!



# Florissa

*Where children & families flourish*

*Florissa is a comprehensive center for children with behavioral, developmental, social and emotional needs. Partner organizations include Kreider Services, KSB Hospital, Sinnissippi Centers, Lee County Health Department, Lee County Special Education Association, Ogle County Educational Cooperative and several parents.*

### Florissa

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Monday -Thursday: 8:30am - 4:30pm

Friday: 8:30am -12:30pm

Or by appointment