



## Jacqueline Pabis, M.A.

### Clinical Psychologist Extern / Florissa

*Master of Arts in Clinical Psychology, Northern Illinois University*

*Bachelor of Arts in Psychology and Sociology, University of Missouri-Columbia*

**Jacqueline** (Jackie) **Pabis**, M.A. is a clinical psychology extern at Florissa working under the supervision of our clinical psychologists to provide assessment and therapy services. She graduated from the University of Missouri – Columbia with a bachelor's degree in psychology and sociology, as well as a minor in human development and family science and a multicultural certificate. She is currently a fifth-year student in the Ph.D. program at Northern Illinois University with a focus on children and families. Before beginning her graduate career, Jackie worked as a Research Project Manager studying the efficacy of intensive exposure treatment at Advanced Therapeutic Solutions for Anxiety, a private practice that specializes in the treatment of selective mutism in children and adolescents. She has conducted exposure therapy and co-led groups in clinic and community settings for the past seven years through Adventure Camp and Winter Adventure, both of which are intensive therapeutic programs. Within her graduate work, Jackie broadened her skills by working in a University clinic for two years where she conducted assessments and provided therapy for children, families, and adults with a variety of presenting concerns, such as emotional, social, and behavioral difficulties, trauma, developmental disorders (e.g., attention-deficit/hyperactivity disorder, learning difficulties, autism spectrum disorder), and personality and psychotic disorders. She has also co-led multiple groups, including parent groups for anxious children, mindfulness and social skills groups for elementary school and middle school students, and anxiety and depression groups for teenagers and young adults. Over the past year, Jackie has focused on providing comprehensive multidisciplinary assessments at our practice as well as providing therapeutic services to children and their families. In addition to Florissa, she works with families at a family private practice, Susan Myket, Ph.D & Associates.

Jackie utilizes evidenced-based practices to inform her work with clients, both for assessment and treatment. Her approach is founded in Cognitive Behavioral Therapy and incorporates systems theories. She also utilizes third-wave approaches, such as mindfulness and values-based work. Jackie strives to have a collaborative approach with her clients and prioritizes the individual needs of each child and family she works with. She is passionate about working with children and families and is grateful for the opportunity to continue developing personally and professionally at Florissa Pediatric Development Center!



## Florissa

*Where children & families flourish*

*Florissa is a comprehensive center for children with behavioral, developmental, social and emotional needs. Partner organizations include Kreider Services, KSB Hospital, Sinnissippi Centers, Lee County Health Department, Lee County Special Education Association, Ogle County Educational Cooperative and several parents.*



### **Florissa**

144 North Court

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**(815) 288-1905**

Monday -Thursday: 8:30am - 4:30pm

Friday: 8:30am -12:30pm

Or by appointment

