



Emily Padgett, Ph.D.

Postdoctoral Resident / Florissa

Ph.D., Northern Illinois University

Bachelor of Science in Psychology, North Central College

Dr. Emily Padgett earned her doctoral and master's degrees from Northern Illinois University with a focus on developmental psychopathology. She completed her pre-doctoral internship in clinical and pediatric psychology at the University of Louisville (U of L) School of Medicine. While at U of L, Dr. Emily received extensive training in psychological assessment, diagnosis, treatment, and consultation focusing on children and adolescents with chronic health conditions (e.g., diabetes, chronic pain, headache and migraine, etc.) in both outpatient and inpatient hospital settings. Dr. Emily also received training in assessing suicidality and behavior problems in an emergency medicine setting. She also has experience working in a variety of clinical settings including a university clinic, a low-income school, community mental health, private practice, and a child and adolescent inpatient unit.

Dr. Emily's treatment approach is grounded in cognitive-behavior therapy; however, she strives to integrate other empirically supported techniques (e.g. mindfulness, values identification, development of interpersonal skills) to ensure each client's treatment is individualized to their needs.

She has experience assessing and treating a variety of disorders throughout childhood and adolescence including depressive disorders, anxiety disorders, selective mutism, disruptive behavior disorders, attention-deficit/hyperactivity disorder, learning disorders, autism spectrum disorder and other developmental disabilities, and children and adolescents with chronic health conditions. Additionally, she greatly values collaboration with the client and other important individuals in their life (e.g., parents, teachers, or other providers) to inform clinical work and create a collaborative clinical process.



Florissa

Where children & families flourish

Florissa is a comprehensive center for children with behavioral, developmental, social and emotional needs. Partner organizations include Kreider Services, KSB Hospital, Sinnissippi Centers, Lee County Health Department, Lee County Special Education Association, Ogle County Educational Cooperative and several parents.



Florissa

144 North Court

Dixon, IL 61021

(815) 288-1905

Monday -Thursday: 8:30am - 4:30pm

Friday: 8:30am -12:30pm

Or by appointment

