



## Meghan Kanya, M.A. Clinical Psychology Extern

*Master of Arts in Clinical Psychology, Northern Illinois University  
Bachelor of Science in Psychology, Michigan State University*

**Meghan Kanya** is a clinical psychology extern at Florissa working under the supervision of our clinical psychologists to provide assessment and therapy services. She currently attends Northern Illinois University where she is studying clinical psychology with a focus on children, adolescents, and families. She earned her Master's degree in December 2017 and is continuing to work toward a doctorate degree. Meghan currently works as a practicum clinician at Susan Myket, Ph.D. & Associates, a private family psychology practice in Naperville, Illinois.

Thus far in her graduate clinical training, Meghan has worked with a diverse clientele, spanning from 4 to 69 years of age within a variety of settings, including a university clinic, a community mental health clinic, a private practice, and elementary and junior high schools. Additionally, she has conducted graduate research with mothers, infants, and toddlers. Across these contexts, Meghan has gained experience assessing and treating anxiety, mood disorders, learning and communication disorders, attention-deficit/hyperactivity disorder (ADHD) and selective mutism.

Meghan utilizes evidence-based practices to inform her work with clients, both for assessment and treatment. She also considers the individual needs of each child and family with whom she works. She aims to foster a collaborative relationship between herself and her clients that includes warmth, empathy, and compassion.



# Florissa

*Where children & families flourish*

*Florissa is a comprehensive center for children with behavioral, developmental, social and emotional needs. Partner organizations include Kreider Services, KSB Hospital, Sinnissippi Centers, Lee County Health Department, Lee County Special Education Association, Ogle County Educational Cooperative and several parents.*

### **Florissa**

144 North Court

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**(815) 288-1905**

Monday -Thursday: 8:30am - 4:30pm

Friday: 8:30am -12:30pm

Or by appointment