## Elizabeth Rhyne

## **Therapist**

Master of Social Work, Aurora University Master of Arts in Human Services, Liberty University Bachelor of Arts in English, University of Missouri

Elizabeth Rhyne, MSW, LSW, is a licensed social worker who earned her degree from Aurora University. She has certificates in Advanced Clinical Social Work (ACSW) with a focus on children and families and also a medical social work certificate.

While earning her degree, she completed two internships. The first internship allowed Elizabeth to work directly with children in the foster care system through Youth Services Network. For the second internship, she worked at KSB Hospital on both the medical floor and the psychiatric unit.

Since graduating, Elizabeth has worked as a therapist to children in the foster care system and in specialized homes. She has worked individually with adults, and provided family counseling, and parent coaching. She continues to attend a variety of trainings to ensure that she is providing the highest level of care to her clients.

Elizabeth's experience has inspired her to engage in trauma-focused work, while also utilizing cognitive behavioral and emotion-focused approaches. She draws from theory, specifically developmental theorists, to help educate families on how trauma or other life events can impact both development and attachment. Her assessment and treatment is individually focused for each client and draws from evidence-based research, while also focusing on what the individual and/or the family wants to achieve through therapy. Elizabeth meets clients where they are, in order to provide the highest level of service and to make the biggest impact, and openly includes clients in the planning process.

She has significant experience identifying and working with childhood trauma, including abuse, sexual abuse, and neglect. Elizabeth has worked with children diagnosed with adjustment disorders, anxiety, depression, behavioral disorders, attention deficit disorders, attachment issues, and developmental delays. In addition to working with children, she has also found that it is imperative to address the parents' own history to help develop a deeper parent-child connection.

Elizabeth is excited to join the Florissa team and wants to provide quality services locally to children and families in need.





Florissa is a comprehensive center for children with behavioral, developmental, social and emotional needs. Partner organizations include Kreider Services, KSB Hospital, Sinnissippi Centers, Lee County Health Department, Lee County Special Education Association, Ogle County Educational Cooperative and several parents.

Florissa 144 North Court Dixon, IL 61021 (815) 288-1905

Monday -Thursday: 8:30am - 4:30pm

Friday: 8:30am - 12:30pm

Or by appointment