



SCREENAGERS

GROWING UP IN THE DIGITAL AGE

FILM AND PANEL DISCUSSION

PARENTS, JOIN US THURSDAY, APRIL 20TH

HISTORIC DIXON THEATRE

114 S. GALENA AVENUE, DIXON

DOORS OPEN AT 6PM | FILM SHOWING AT 6:30PM

Panel Discussion Following the Film, Featuring:

Dr. Pratip Nag - KSB Pediatrician

Sue Heffelfinger, Ph.D. - KSB Psychologist

Kelly Flanagan, Ph.D. - Florissa

Law Enforcement

Child Educators

ABOUT THE FILM

Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time—friction she knew all too well.

In *SCREENAGERS*, as with her award-winning documentaries on mental health, Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction. Through poignant, and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, *SCREENAGERS* reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.

Questions? Call 815-284-5719