



## a group for siblings of children

**Third Thursday of each month October 15—May 19, 2016 @ 5:30pm**

Starting Thursday, October 15th, Florissa will be hosting “SibShops” a group for siblings of children with any kind of a special need. “Sibshops” provides an opportunity for siblings to provide and receive peer support and have fun from a kids’-eye view! Siblings of all ages are welcome. The group is open-ended; you can join the group at any point of the monthly series.

**WHEN** Third Thursday of each month (October 15—May 19, 2016)  
Group time: 5:30 – 6:30 pm

**WHERE** Florissa, 101 East First Street, Dixon, IL 61021, corner of East 1st Street and Galena

**WHO** Siblings of children with special needs including medical, social, emotional, developmental, or behavioral ages 8-13 years of age. Sibshops acknowledges being the brother or sister of a person with special needs is for some a good thing, for others a not-so-good thing, and for many something in between.

Sibshops blend education and discussion activities with games, crafts, and sometimes special guests. This offering of Sibshops will be led by Connie Davis, a Certified Facilitator of the Sibshops program.

**DETAILS** The groups are of no-cost to participants. Snacks will be provided.

**YOGA** While you wait for your son or daughter attending the Sibshops, join us for Yoga. Note: People joining Yoga DO NOT need to have a child in the sibshops to participate . This is available for you right at Florissa. Yoga is limited to 10 participants and is FREE.

**CONTACT** To enroll in this group call Janet O’Donnell,  
Family Resource Coordinator, Florissa  
(815) 288-1905



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